



## Share Your Poster at the Lehigh Valley Lifestyle Medicine Symposium 2020!

St. Luke's University Health Network Department of Community Health & Preventive Medicine welcomes poster abstract submissions for the upcoming Lehigh Valley Lifestyle Medicine Symposium, "Changing the Game – Preventing and Reversing Chronic Disease". The symposium will take place on Saturday, March 28, 2020 in Easton, PA.

[Click here](#) to learn more about the conference.

### **Submission Deadline: Friday, January 31, 2020**

#### **Topics**

We will be looking for abstracts that highlight work being done to advance lifestyle medicine in your community. We welcome posters presenting early work, visions for the future, current initiatives, and work on lifestyle medicine education and research. Submissions must emphasize a focus in one or more of the six pillars of lifestyle medicine: eating healthfully, being physically active, managing stress, avoiding risky substance use, getting adequate sleep, or having a strong support system.

#### **Poster Categories**

- Research – May include observational research, qualitative research or quality improvement projects.
- Clinical Innovations – May include case reports or practice- or community-based models
- Educational – Includes innovative training and educational models or programs that highlight interprofessional education, curriculum, and faculty development in lifestyle medicine.
- Policy – Includes policy, cost-effectiveness studies, underserved models, etc.

#### **Lead Author**

All abstract submissions with more than one author must indicate a lead author. This person will serve as the sole point of contact with SLUHN and is responsible for submitting the initial proposal, notifying co-authors of the selection decision, and coordinating the printing, hanging, presentation and removal of the poster.

## **Proposal Requirements**

All abstract proposals require the following information. Incomplete or partial submissions will NOT be saved in our system.

- Title – Clearly and concisely indicate the subject and focus of the abstract
- Description – A couple sentences describing the poster content
- Abstract – Proposals require a clear and concise abstract covering the Background and Purpose, Methods and Design, Results, and Conclusions. Spell check and grammar count.
- Keywords: At least 3
- Length: No more than 300 words
- Format: PDF file

## **Author Requirements**

For each author, please be prepared to provide the following information.

- Full Name
- Email Address
- Degree/Credentials
- Resident, fellow, or medical student
- Organization or University

## **Author Responsibilities**

Accepted authors are expected to meet the responsibilities and guidelines below.

- Must register for the conference
- Must cover own travel costs
- Must meet all conference dates and deadlines
- Must be present to hang poster at designated set-up time
- Must be present during your designated poster presentation time slot
- Must be present to remove poster at designated tear-down time

## **Submission Guidelines**

Lead authors must complete this [Poster Application Form](#) to apply. All abstracts must be submitted in PDF file format via [email](#) no later than **Friday, January 31, 2020**. When both application and abstract have been received, a response email will be sent to the lead author.

## **Important Dates**

- January 31, 2020: Poster Application Form and abstract must be submitted
- February 21, 2020: Notification
- March 28, 2020: Presentation

## **Reviewing Process**

Each submission will be reviewed by our committee for appropriateness for this symposium and lifestyle medicine focus. Notification of acceptance or denial will be sent to the lead author no later than Friday, February 21, 2020.

All posters presented will be judged, and a top poster award will be given.